

brings you

### RANDOM ACTS OF ART

Call for Artists

Yarnstorming
Chalk Artists
Postcard Artists

Secret Inspirational Note-Writers

Etc.

Send your project ideas and inquiry to: phantomgalleriessuperior@gmail.com
We would love to hear from you!!

\$300 stipend available for chosen projects.

Projects to begin December 15, 2015 - February 14, 2016.

#SUPERIORSCENE











Join us for our first "Quarantini"

Mobile Happy Hour!

We will be delivering beverages and snacks to your door!

Friday, August 7 from 3:30 - 5:00 pm

If you'd like to participate, please fill out the RSVP below and drop it into the black box at the Leasing Office door **no later than August 1**! RSVP required!

We want to say **thank you so much** to our valued residents during this challenging time!



Name(s):		 		Apt. No.		

Circle Beverage Number: (Drink Limit - 2 per person)

White Wine: 1 or 2 Red Wine: 1 or 2 Beer: 1 or 2

(We will also have bottled water available when we arrive!)





Chris Jensen

HEALTH + REHABILITATION CENTER

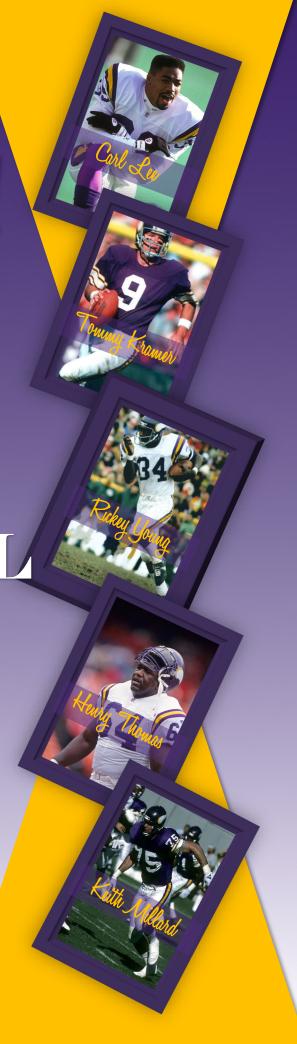
### SUPER BOWL

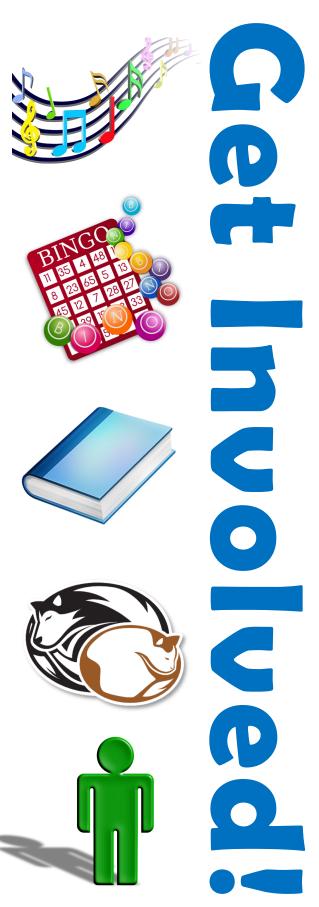
Sunday, February 3

10:00 - 11:00 a.m.

# Join us!

Get an autographed Vikings photo!







Chris Jensen is currently seeking awesome volunteers to work with our residents.

This is a great way to give back to your

community, build your resume and gain experience in the healthcare field!

We are currently accepting applications for the following volunteer positions:

- ⇒ One-on-One
- ⇒ Music Therapy
- ⇒ Pet Therapy
- ⇒ General Store
- ⇒ Activities
- ⇒ Physical Therapy
- ⇒ Occupational Therapy
- ⇒ Speech Therapy

## INTERESTED? let's talk.

218-625-6427

ejensrud@chrisjensenhealth.com/ttp://chrisjensenhealth.com/careers

# Get Involved: VOLUNTEERS LE DE DE DE LE DE



If you play an instrument, sing or are in a band, consider volunteering at Chris Jensen!

Play music in resident's rooms, one-on-one, or play music in our dining rooms or in our Memory Care unit.

Music Therapy helps with muscle relaxation and decreases stress and anxiety. It also benefits residents who have dementia by triggering past memories and thoughts.

#### For more information:



# Get Involved! VOLUNTEERS A SECOND SE

Activities & General Store

Volunteer to help residents with the daily activities at Chris Jensen!

Baking | Crafts | Games | Exercise

You can also help out in the general store. With this volunteer opportunity, you will stock the snack shelves, help residents decide on what to purchase and manage the store cash box.

#### For more information:



# Get Involved! VOLUNTEERS NEEDEDE



### One-on-One Volunteer

One-on-one volunteering includes spending time with one resident for any time ranging between 5-60 minutes, depending on the resident's needs.

- ⇒ Play chess, cribbage or card games with the resident
- ⇒ Read to the resident
- ⇒ Converse with the resident
- ⇒ Walk with the resident around the facility

#### For more information:



# Get Involved! VOLUNTEERS NEEDED



### Pet Therapy

Pet Therapy has multiple benefits including improving physical, mental and emotional health.

We are looking for Pet Therapy animals to come visit our residents.

Pet Therapy is a volunteer opportunity and a great way for you and your furry friend to give back to the community and socialize with residents at our facility.

#### For more information:



# Get Involved! VOLUNTEERS LE DE DE DE LE DE

Shadowing for Physical, Occupational and Speech Therapy

Are you looking for a shadowing opportunity in your field of interest or need shadowing hours for a class?

Come shadow at Chris Jensen in the Physical, Occupational or Speech
Therapy departments!

#### For more information:

